



# ST. PAUL'S EPISCOPAL CHURCH

*We follow Jesus, nurture ministries and welcome all.*



Online Bulletin

## **Eleventh Sunday after Pentecost**

**August 4, 2024 at 10:15 a.m.**

Service offered both in-person and online

**Welcome!** Sunday Services are offered each week at 10:15am. You have the option of attending in-person or online at: [www.StPaulsVentura.org/live](http://www.StPaulsVentura.org/live), [www.YouTube.com/StPaulsVentura](http://www.YouTube.com/StPaulsVentura), [www.Facebook.com/SaintPaulsVentura](http://www.Facebook.com/SaintPaulsVentura).

**Safety Protocols** –Because some among us are at higher risk and continue to want some additional distance, we've reserved several pews in the front on the chapel side of the sanctuary for those with masks. Masks are optional on the Loma Vista side. We hope this will make it possible for everyone to find a place in the church where they can feel safe and comfortable. Thank you for your understanding. You are a shining example of what LOVE looks like.

Whether this is your first visit, or you have been a member for years, we're glad you're here! This bulletin is designed to guide you through the service. We invite you to sing, pray and read along with us through the service. The words in bold are the ones we'll all say together. The best way to keep up with everything that's going on at St. Paul's is to subscribe to our Email Newsletter. If you don't receive it and would like to be added to the list, please come see us at the Welcome Table or contact the office.

By tradition, The Episcopal Church offers Holy Communion to all baptized persons. If you are not baptized, but wish to receive, we invite you to participate fully in the opening part of the service, called the Ministry of the Word, hearing God's word and reflecting on your life, enabling you to come to the table for communion, if you so choose, with a heart prepared to receive. We hope that if you feel touched by the word and sacrament and wish to learn more about the life-giving power of the Spirit of the Risen Christ, you will contact the church office to inquire about participating in Holy Baptism.

Our Sunday School program (for children ages 2 years-grade 5) begins at 10am. Children are invited to join Miss Ana, Miss Cassidy and Miss Nairi to hear a Bible story and enjoy fun and engaging activities related to that story. Children return to the church to join their families for Eucharist.

Once again, welcome! We're glad that you're worshipping with us. Let us know if you have any questions, prayer requests or need the services of a priest. We are always glad to hear from you. Meanwhile, know that you are in our prayers. We wish you all a very safe and blessed week.

	<p><i>The angels are dancing again...</i></p> <p><b>Listen carefully, you just might hear the angels dancing on the roof!</b></p> <p>As things heat up, the beams in our beautiful church ceiling expand and creak. No worries! It's just part of this wonderful building's charm. For years, some of our members have said to each other, "Listen, the angels are dancing on the roof again!"</p>
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**Today's flowers are given through the generosity of your pledge.**

*If you'd like to arrange for flowers given in memory or thanksgiving, please contact the church office. Thank you!*

## **Liturgy of the Word**

**Prelude**

Chants

*Hildegard von Bingen, arr. Philip Jones*

*IV. Therefore the Skies dropped gentle dew. V. And then there was food for the people*

*Please stand as you are able at the sound of the bell.*

**Processional**

**My God, thy table now is spread**

**Hymn 321**

*Cantor: Annelise Ebell*

**Opening Salutation**

*Book of Common Prayer (BCP) p. 355*

*Celebrant*  
**People**

Blessed be God: Father, Son, and Holy Spirit.

**And blessed be God's kingdom, now and forever. Amen.**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

**Hymn of Praise**

**Praise our great and gracious Lord**

**Hymnal 393**

**Collect of the Day**

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated for the reading of scripture.*

*As Episcopalians, our custom is to read, mark, learn and inwardly digest Holy Scripture. You are invited to do so right here in your bulletin.*

**First Reading**

Exodus 16:2-4, 9-15

A reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

*Reader* The word of the Lord.

**People** **Thanks be to God.**

**Psalms 78:23-29**

The response appointed for this morning is a portion of Psalm 78. We will read it responsively, breaking at the asterisk.

- 23 So he commanded the clouds above \*  
**and opened the doors of heaven.**
- 24 He rained down manna upon them to eat \*  
**and gave them grain from heaven.**
- 25 So mortals ate the bread of angels; \*  
**he provided for them food enough.**
- 26 He caused the east wind to blow in the heavens \*  
**and led out the south wind by his might.**
- 27 He rained down flesh upon them like dust \*  
**and winged birds like the sand of the sea.**
- 28 He let it fall in the midst of their camp \*  
**and round about their dwellings.**
- 29 So they ate and were well filled, \*  
**for he gave them what they craved.**

## Second Reading

Ephesians 4:1-16

A Reading from the letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

*Reader*        The word of the Lord.  
*People*        **Thanks be to God.**

## Gradual Hymn

**Fairest Lord Jesus**

**Hymn 383**

*Please stand as you are able to sing.*

## Holy Gospel

John 6:24-35

*Please remain standing as you are able and face the Gospel.*

*Celebrant*    The Holy Gospel of our Lord Jesus Christ according to John.  
*People*        **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

*Celebrant* The Gospel of the Lord.  
*People* **Praise to you, Lord Christ.**

## The Sermon

The Reverend Vicki Mouradian

*A period of silent reflection follows the sermon.*

## Nicene Creed

*BCP p. 358*

*All stand as able and together say*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic<sup>1</sup> and apostolic<sup>2</sup> Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Prayers of the People

*Please stand, sit or kneel as is your custom.  
The Leader and People pray responsively*

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<sup>1</sup> universal; all embracing

<sup>2</sup> Relating to the Apostles, following their teachings

In peace, we pray to you, Lord God. *(Silence)*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael our Presiding Bishop, Sean our Presiding Bishop-elect and John, our Bishop; and for all bishops and other ministers;

**For all who serve God in his Church.**

For the special needs and concerns of this congregation. *(Silence)*

*The People may add their own petitions*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life. *(Silence)*

*The People may add their own thanksgivings*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom. *(Silence)*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;

**Who put their trust in you.**

We pray to you also for the forgiveness of our sins. *(Silence may be kept.)*

*Leader and People*

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

*All stand as they are able.*

*Celebrant* The peace of the Lord be always with you.  
*People* **And also with you.**

## Announcements

*Please be seated.*

## Blessings for Birthdays, Anniversaries and Other Special Occasions

# *Liturgy of the Table*

## *Holy Communion*

## Offertory Sentence

Let us with gladness present the offerings and oblations of our life and labor to the Lord.



*Thank you for your donation, and for your pledge.  
Your generosity is appreciated!  
We look forward to doing great things in the name of Christ  
with whatever you are able to give.*

## Offertory

I am the Bread of Life  
*Sophia Cotsis, soloist*

*Suzanne Toolan*

## Presentation Hymn

*Please stand as you are able.*

## Now thank we all our God

**Hymnal 397**

## The Great Thanksgiving

*The people remain standing.*

Eucharistic Prayer C

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.  
**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.  
**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you and betrayed your trust; and we turned against one another.  
**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages, you revealed your righteous Law. And in the fullness of time, you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore, we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Sanctus**

**Holy, holy, holy Lord**

**Hymnal S127**

*The service music can be found in the front of the hymnal*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*You are invited to stand, sit or kneel as is your custom.*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Leah, Rachel, Bilhah and Zilpah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Breaking of the Bread

*A period of silence is kept.*

Alleluia. Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia.**

## Spiritual Communion

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

Please join us in praying with our siblings in Christ who are with us online and receiving communion spiritually.

**Dearest Lord Jesus, we believe that you are truly present in the Sacrament of the Eucharist. We love you above all things and long for you in our souls. Since we are not all together in our church today to receive the bread and wine made holy, we ask you to come spiritually into our hearts. Fill us with your light and nourish us all with your word and Spirit. Amen.**

## The Invitation

This is the Banquet of the Lord.

It is made ready for those who love him and for those who want to love him more.

So, come, you who have much faith and you who have little,  
you who have been here often, and you who have not been here long,  
you who have tried to follow, and you who fear you have failed.

Come, because it is the Lord who invites you.

It is his will that those who want him should meet him in this holy way.

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*For in-person worshipers: Wherever you are in your journey of faith, you are welcome at communion. Our custom is to stand or kneel at the altar rail to receive the Eucharist. If you are unable to come forward but would like to receive, please let an usher know and we will bring communion to you.*

***The Common Cup will be offered on the right side of the altar rail.  
Intinction (dipping) will be offered on the left (Loma Vista) side.***

*Regardless of which side you are sitting on, when you come forward, please go to whichever side is offering the wine in the way you prefer to receive it.*

*Those receiving by intinction are asked to help themselves to a small paper cup.*

*Please tell the priest if you prefer a gluten-free wafer.*

***You may also choose to return to your seat without receiving the wine.***

*Be assured that it is a sufficient experience of communion.*

***If you'd like to come forward but would prefer not to receive,  
please cross your arms over your chest and the priest will offer you a blessing.***

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*Suggestion: Before or after Communion, see the Book of Common Prayer (BCP) pp. 833-834. You'll find some wonderful prayers there. Online worshipers can find it at [www.bcponline.org](http://www.bcponline.org)*

## Communion Music

Moments Musicaux, Op. 94, No.5 in A-flat Major

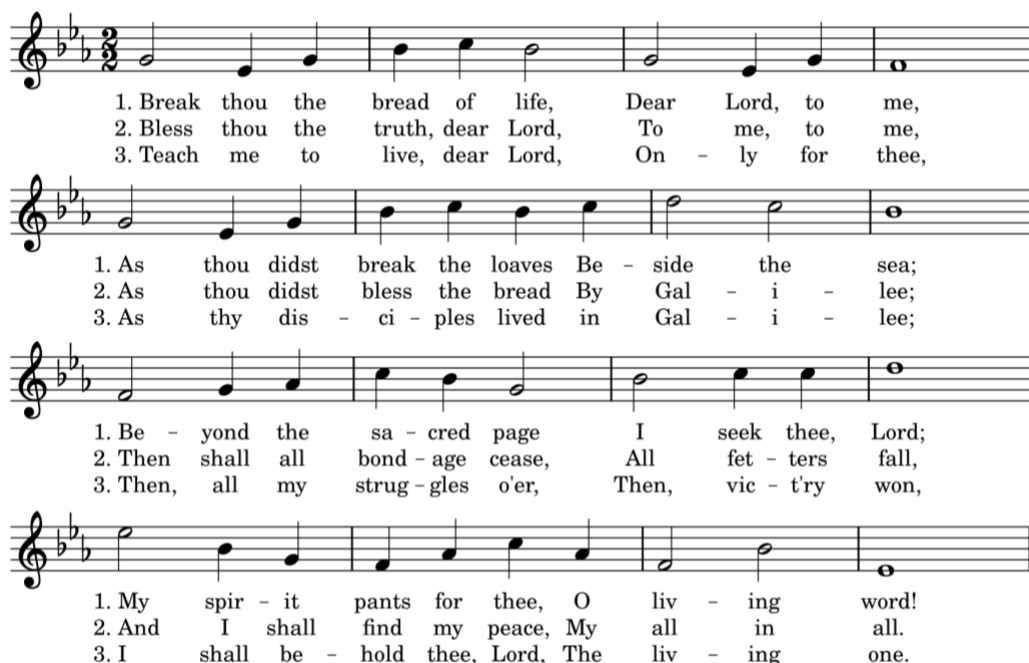
Franz Schubert



## Break Thou the Bread of Life

Words: Mary A. Lathbury

Music: William F. Sherwin



1. Break thou the bread of life, Dear Lord, to me,  
2. Bless thou the truth, dear Lord, To me, to me,  
3. Teach me to live, dear Lord, On - ly for thee,

1. As thou didst break the loaves Be - side the sea;  
2. As thou didst bless the bread By Gal - i - lee;  
3. As thy dis - ci - ples lived in Gal - i - lee;

1. Be - yond the sa - cred page I seek thee, Lord;  
2. Then shall all bond - age cease, All fet - ters fall,  
3. Then, all my strug - gles o'er, Then, vic - t'ry won,

1. My spir - it pants for thee, O liv - ing word!  
2. And I shall find my peace, My all in all.  
3. I shall be - hold thee, Lord, The liv - ing one.

### Post Communion Prayer:

*Please stand or kneel as you prefer.*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*When the Eucharist is being taken out to those who are sick or shut-in, we will pray together.*

**In the name of this congregation, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we share one bread, one cup. Amen.**

### Blessing

The Blessing of the God of Abraham and Sarah; and of Jesus Christ born of our Sister Mary; and of the Holy Spirit who broods over creation as a Mother over her children; be upon you and remain with you now and always. Amen.

### Recessional Hymn

### Glorious things of thee are spoken

Hymnal 522

*Please stand as you are able and turn to face the cross as it passes by.*

### Dismissal

*Celebrant  
People*

Let us go forth into the world, rejoicing in the power of the Spirit.  
**Thanks be to God.**

**Acknowledgements and Copyright Information**

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Check out next Sunday's readings at [www.lectionarypage.net](http://www.lectionarypage.net)

**Please join us in thanking those serving this week:**

<b>Server:</b>	Drew Darby & Miles Sexton	<b>Lectors:</b>	Tim & Kathy Helms
<b>Chalice:</b>	Ted Andrews	<b>Ushers:</b>	Sally Weimer & Dan Wakelee
<b>Acolytes:</b>	Pippa Darby & Rosie Dunlevy	<b>Cantor:</b>	Annelise Ebell
<b>Announcements:</b>	Kathleen Crookston		
<b>Altar Guild:</b>	Pam Klebaum & Louise Bretz	<b>Flower Guild:</b>	Sarah Lamola & Tegan Jones
<b>Video Production:</b>	Patrick VanHorn	<b>Welcome Greeter:</b>	Kay Armstrong
<b>Coffee Hour:</b>	The Andrews Family	<b>Lock-up Team:</b>	Miles Sexton

**Please add these dates to your calendar and plan to join us.**



- Tues. 8/6 Summer Series Bible Study – 6:30 pm
- Thurs. 8/8. Bible Study 11:15 AM
- Sun. 8/11 12<sup>th</sup> Sunday after Pentecost – service at 10:15 am  
Confirmation class at 12:15
- Tues. 8/13 Summer Series Bible Study – 6:30 pm
- Thurs. 8/15 Bible Study 11:15 AM
- Sun. 8/18 13<sup>th</sup> Sunday after Pentecost and Blessing of the Backpacks– service at 10:15 am  
Acolyte Training and Refresher – 11:45 am in the Sanctuary  
Confirmation class – 12:15 pm
- Tues. 8/20 Summer Series Bible Study – 6:30 pm
- Thurs. 8/22 Bible Study 11:15 AM
- Sun. 8/25 14<sup>th</sup> Sunday after Pentecost – service at 10:15 am  
Confirmation class – 12:15 pm
- Fri. 8/30 SING Event – Marina Park 6:30 pm

## ***Prayer Intentions for the Week of August 4, 2024***

Justin Welby, Archbishop of Canterbury	Our Clergy: Susan Bek, Dick Swanson, Greg Larkin, Vicki Mouradian
Michael Curry, Presiding Bishop Sean Rowe, Presiding Bishop-Elect	President Joseph Biden, Congress, Federal Courts
John Taylor, Bishop Diocesan	Governor Gavin Newsom, Legislature, State Courts

### *HEALING IN BODY, MIND & SPIRIT:*

Bert, Rev. Susan, Barbara, Mary, Kay, Ralph, Kathy, Sam, Ernie, all refugees, first responders, and everyone affected by COVID-19, gun violence, natural disaster, poverty, and injustice.

### *THOSE ENDURING A LONG-TERM ILLNESS:*

Penny, Phil, Lynn, Audrey, Dennis, Maria, Baby Z, Carol, Rachel, Dave, Kim, Linda, Virginia, Michelle, Sheila, Jeanice, Kevin, Susan, Debbie, Carol, Vivian, Ulrich, Christian, Ron and Pam.

### *IN THE DISCERNMENT PROCESS FOR ORDAINED MINISTRY:*

Drew Darby, his wife Anna, and their family.

### *FOR GOD'S BLESSING ON:*

- + Twelve step programs of recovery and healing; especially Alcoholics Anonymous meetings at St. Paul's
- + Our local public and private hospitals, and the health care professionals who serve us
- + U.S. Armed services personnel serving around the world and wounded warriors cared for in medical centers and those returned home
- + All who work, educate others, and pray to abolish the scourge of present-day slavery.

### *GIVE THANKS FOR:*

- + Our partners in the Diocese of Los Angeles, Deanery One in Ventura County: *St. Columba's*, Camarillo; *Trinity*, Fillmore; *St. Andrew's*, Ojai; *All Saints'*, Oxnard; *St. Paul's/ Emmanuel*, Santa Paula; *St. Francis'*, Simi Valley; *St. Patrick's*, Thousand Oaks
- + Our World Mission Companions: *the Cathedral Church of the Ascension, in the Diocese of Wiawso*, Ghana
- + The Ventura Interfaith Ministerial Assoc.: *Temple Beth Torah, the Islamic Center of Oxnard, Ventura Seventh Day Adventist Church*

### *IN MEMORIAM*

*All those we love but see no longer.*

*Parish prayers for healing are listed for one calendar month but can be renewed if needed. Please contact the church office to add or extend a prayer request and to let us know how things are going.*



### **St. Paul's Episcopal Church Staff**

The Rev. Susan Bek, Rector  
 The Rev. Canon Greg Larkin, Priest in Charge  
 The Rev. Vicki Mouradian, Priest in Charge for Pastoral Care  
 The Rev. Dr. Richard Swanson, Assisting  
 TBA, Parish Administrator  
 Drew Darby, Seminary Intern  
 Dr. Felix Eisenhauer, Music Minister  
 Tara Eisenhauer, Choir Director/Communications Manager  
 Sara Edwards, Organist  
 Joseph Wareham, Sexton  
 Ana Barnaby Lima, Director of Youth and Children's Ministries

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 Website: [www.saintpaulsventura.org](http://www.saintpaulsventura.org) Twitter: @stpaulsventura Facebook: St. Paul's Ventura

# St. Paul's Announcements August 4, 2024

Thank you for joining us today! Please contact the church office for more information. God bless you!

**We invite you to join us again next Sunday.**



## Welcome to St. Paul's Episcopal Church!

Whether you're new, visiting or have been a member for years, we're so glad you joined us today. **A warm welcome to you!** Our Sunday services are available online and in-person. Please let us know if we can do anything to support you on your spiritual journey. We're always happy to hear from you!  
We invite you to come back soon.



This is a brief overview of our weekly announcements. To learn about everything going on at St. Paul's and to receive weekly encouragement and ways to build up spiritual strength, please see our E-newsletter. If you don't receive it, please let us know. We'd be happy to add you to the list! You can reach us by emailing [office@saintpaulsventura.org](mailto:office@saintpaulsventura.org)



## Today is the Eleventh Sunday after Pentecost

This week we hear Jesus say, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Join us as we learn how, we too, can be fed spiritually and have our needs met. Come enjoy inspiring scripture, beautiful prayers, wonderful music and an uplifting message of hope and love. Come to church and get inspired!

**and after church today...**



## Join us for Coffee Hour

In-person worshippers are invited to join us in Kahler Hall (just down the stairs) for a cup of coffee, or tea and some refreshments. This gives us the chance to sit and chat with one another. In the church, we call this fellowship. It's one of our favorite parts of being on this journey of faith together.



*Are you new to St. Paul's or visiting us?*

## A warm welcome to you!

We're so glad you joined us today. We are a friendly and welcoming congregation. Our ushers and greeters will be happy to do anything they can to make your time with us more comfortable and meaningful. Please introduce yourself to our clergy, they're looking forward to meeting you. We invite you to come back again soon.



## OUTREACH PROJECT





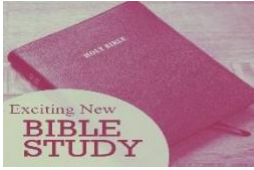


### August - REACH for Laundry Love

We invite you to join in whatever way you can to support our current REACH project. Your prayers are welcome! Laundry Love works to build relationships by bringing laundry soap, snacks and conversation into local Laundromats, where guest typically can't afford the expense of doing their own laundry. REACH bags are available for your convenience – fill them with Laundry soap pods, dryer sheets, new socks and rolls of quarters. Your support is appreciated!



## Confirmation Classes are continuing! – But not today!

People who would like to learn more about the history, ministry and worship of the Episcopal Church are invited to join the Confirmation Class on Sunday afternoons throughout the summer. We will gather in the library from 12:15 to 2:15 to learn about the church we love. No class on August 4<sup>th</sup> – summer break!

	<p><b>Book Club – Monday, August 5<sup>th</sup> at 5:30pm on Zoom</b>  The First Monday Book Club is open to all. We chose two books to carry us through to the September meeting. The first book is <i>Vera Wong's Unsolicited Advice for Murderers</i> by Jess Q. Sutanto. Set in San Francisco in a tea shop, a self-proclaimed tea expert ends up in the center of a murder investigation knowing she will do a better job than the police because, after all, she watches CSI. Great character development, fun humor and a terrific sense of place, this cozy mystery is a perfect light summer read. We will spill all the tea on August 5 at 5:30. On September 2, we will discuss <i>The Guncle Abroad</i> by Steven Rowley. The author has a signature blend of humor and heart, with a beloved story about the complicated bonds of family, love, and what it takes to rediscover yourself, even at the ripe age of fifty. Zoom Information – Meeting ID: 751 8208 5503 Passcode: 1<sup>st</sup>monday</p>
	<p><b>Acolyte Training - Sunday, August 18<sup>th</sup> After Church</b>  Current acolytes and anyone interested in becoming an acolyte are invited to attend a refresh and training immediately after church on Sunday, August, 18<sup>th</sup>. We will go over the role of the acolyte in the church service, make sure we're all fitted with robes and cinctures, do some training on the various acolyte functions, and coordinate our serving schedule for the new program year. Parents of young acolytes are requested to attend.  <b>Adults can be acolytes, too! If you are an adult who is interested in serving as an acolyte, we would love to have you join us!</b></p>
	<p><b>Do you enjoy experiencing God in nature?</b>  Join us as we explore and appreciate God's creation. The next Spirituality in Nature Group activity is sunset beach time! Join us at Marina Park (address is 2950 Pierpont Boulevard in Ventura) on Friday, August 30<sup>th</sup> at 6:30 pm. Please RSVP to <a href="mailto:dan.wakelee@gmail.com">dan.wakelee@gmail.com</a></p>
	<p><b>No healing service for the months of July and August. We will start back in September.</b>  Our weekly Healing Prayer Service with Eucharist will on Thursdays in the church at 10:00 a.m. and will be led by Rev. Vicki. Please join us for a time of quiet, inspiration, and worship as we invite Christ into our lives for healing of body, mind, and soul.</p>
	<p><b>Bible Study</b> Our weekly Bible Study, led by Rev. Vicki, will also be on Thursdays in the Church Library at 11:15 a.m. We will be studying the upcoming readings for each Sunday from the Revised Common Lectionary and the commentary, <i>Keeping Holy Time</i>, edited by Douglas E. Wingeier. Please join us for coffee and cookies, fellowship and discussion as we navigate the words of scripture. Please bring a Bible and if you have it, one with the NRSV translation. All are welcome!</p>
	<p><b>Summer Bible Study</b> Come get a sense of what it was like to be one of the earliest Christians as we study Paul's letters to the faithful at Ephesus, Philippi, and Colossae, major cities at the heart of the Greco-Roman world. Our summer series meetings on Tuesday evenings at 6:30 will be focused on Bible study and discussion, with some prayer and fellowship before and after...and dessert! Children are most welcome. If you have any questions, feel free to <a href="mailto:email.Seminary.Intern.Drew.Darby">email Seminary Intern Drew Darby</a>.</p>
	<p><b>Friday Morning Women's Bible Study:</b> We are a small group of women from St. Paul's and the Ventura community that meet weekly on Zoom to study scripture and share fellowship. If you've been wanting to add bible study to your spiritual life, we'd love to have you join us. We plan to study <u><a href="https://www.lifeway.com/en/product/luke-in-the-land-bible-study-book-with-video-access-P005843027">Luke in the Land</a></u> as our next book, which will begin in late July/early August. <a href="https://www.lifeway.com/en/product/luke-in-the-land-bible-study-book-with-video-access-P005843027">https://www.lifeway.com/en/product/luke-in-the-land-bible-study-book-with-video-access-P005843027</a>The author, Kristi McClelland, is a speaker, teacher and college professor. Her focus is on bible study through a Middle Eastern lens. We have completed several of her other studies and thoroughly enjoyed them. She will be speaking at a conference in Yorba Linda on August 16-17; if you are interested in attending along with members, contact Suzanne.  <b>If you are interested in checking out the current study and or the group, please contact Suzanne McCombs (805-390-3909) for Zoom details and/or more information.</b></p>

	<p><b>Two invitations from the Men's Group.</b>          We hope that you can join us for one or both of these weekly activities:  <b>Tuesday Evening Bible Study</b> - We meet at 6 p.m. at Winchesters Grill on Main Street for dinner, fellowship and Bible study. We are starting a new study of the book of Galatians.  <b>Friday Morning Breakfast</b> - We meet at 7 a.m. at Black Bear Diner on Harbor Boulevard for breakfast, fellowship and a study of the lectionary reading appointed for the week.</p>
	<p><b>Going on Vacation?</b>          If you are on our regular schedule of Sunday volunteers (<i>Ushers, Servers, Chalice Bearers, Acolytes, Welcome Committee, Altar Guild, Flower Guild, Lock Up Team, etc.</i>) and will be away on a Sunday when you're scheduled to serve, please try to trade with someone and let the church office know who to expect that Sunday. If you need our assistance, please let us know. Thank you so much for serving the church, and we wish you a wonderful vacation! Any questions, contact the office.</p>
<p>This QR Code takes you straight to our Giving Page</p>	<p><i>"God loves a cheerful giver." 2 Corinthians 9:7</i>  <b>Thank you for your generosity!</b>          Donations may be made by cash, check, PayPal, or Text StPaulsVentura to 73256. You can also arrange online payments, click the "Give" button at office <a href="http://www.saintpaulsventura.org">www.saintpaulsventura.org</a> or use this QR code. Members give of their time through many ministries and share their talents through lots of volunteer opportunities. Please contact our clergy if you'd like to get involved in something new. Generosity involves the giving of time, talent and treasure. Thank you for all the ways you give of yourself! We look forward to doing great things with whatever you are able to share. Thank you!</p>
	<p><i>Interested in checking out a ministry this summer?</i>  <b>Summer Ministry Experiences</b>          If you've wondered what it would be like to serve the church in some of our most important ministries or would like to learn more about the church and how it functions, you're invited to have a Summer Ministry Experience. We'll connect you with the ministry team or teams of your choice and arrange a week (or more) for you to join in and experience a ministry that interests you. No prior experience necessary. We'll be pleased to have you join us!</p> <p>CHOOSE FROM:  <b>Pick Up Choir</b> – Sing with our wonderful choir.  <b>Altar Guild</b> - Learn about our sacred vessels and how to set the church for services <b>Usher</b> – Help greet worshipers and assist with the service  <b>Flower Guild</b> - Learn how to make beautiful flower arrangements  <b>Welcome Greeter</b> – Join one of our friendly teams that greet everyone on Sundays.</p> <p><b>SUMMER SERVICES</b> will be powerful, uplifting, and run just over an hour. Join us for interesting lessons, moving sermons and great fellowship with friends, old and new. We are so blessed to live here! Come to church and still have time to hit the beach and enjoy some summer fun!  <b>FANS</b> have been installed along the outer aisle for your comfort. As things heat up in our warmer months, please feel free to turn them on. Check with those around you, perhaps the oscillating feature would be helpful. Be mindful of the needs of others. We encourage those who prefer to be away from the fans to sit toward the center of the church.</p>